## HORA FROM MARAMURESH

# (Rumania)

Hora from Maramuresh comes from Transylvania. It has been performed by the Popescu Dance Ensemble. This simplified arrangement was done by Anatol Joukowsky.

Music:

Record: Bruno BR 50147 Side B, Band 5, Frunzulita Si Cartigul 4/4 meter

<u>Formation:</u> Single circle of dancers facing ctr. Hands are not joined, but stand close enough together so that in Fig. II dancers can raise arms sdwd to shoulder height and touch palms with their neighbors.

# Steps and Styling:

Clapping: Hands are clapped in front of chest, usually done with L palm turned up, fingers relaxed. Fingers of R hand strike palm of L. Clap on cts  $\underline{1}$ ,  $\underline{\&}$ , (hold  $\underline{?}$ )  $\underline{\&}$ ,  $\underline{3}$ , (hold  $\underline{\&}$ )  $\underline{4}$ , (hold &). This may also be called: Quick, slow, quick, slow, slow. Rhythm is same as is used in the Side Step. Side Step: Step to R side on ball of R ft (ct 1). Step flat on L ft next to R (ct &). Hold ct 2. Step to R side on ball of R ft (ct &). Step flat on L ft next to R (ct 3). Hold ct &. Step to R side on full R ft, bending R knee (ct 4). Bring L ft next to R ankle during ct 4 to avoid a stride pos. step would start to L side on ball of L ft. Traveling Step: Movement will be in LOD but dancers are basically facing ctr. Leap sdwd R (in LOD) on R ft, with L ft behind R leg, L knee turned out (ct 1). Hop on R as L leg is brought sharply around in front of R leg (ct 2). L leg is straight and crosses R leg so that L toe is close to floor on the R side of R ft and pointing in LOD. Step on L ft in LOD (ct 3). Step on R in LOD (ct &). Step on L in LOD (ct 4). On cts 3, &, 4 the L ft is a little closer to ctr than R so ft will not interfere with each other.

#### <u>Meas</u> Pattern

4 meas Introduction

# Fig. I. Walking

While clapping (see Steps and Styling) walk 4 steps twd ctr (1 step to 2 cts) beginning R ft. Each step is taken with a small plie, toes turned out a little, and the stepping ft is placed directly in front of the supporting ft.

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# HORA FROM MARAMURESH (continued)

- Walking bkwd, retrace steps to original pos. Begin with R ft and keep clapping.
  Making a 1/4 turn R, repeat action of meas 1-2 in LOD.
- 7-8 Making a 1/4 turn L, repeat action of meas 1-2 in RLOD.
  End facing ctr.

# Fig. II. Side Step

- Raise arms sdwd to shoulder height and close circle by touching palms to palms of neighbors. Fingers are pointing upwards. Dance Side Step 4 times beginning to R side first.
- 5-8 Continue with 4 more Side Steps but widen circle by taking steps on outward diag lines (R diag, L diag, R diag, L diag). Palms will no longer be touching but do not change pos of hands or arms.

# Fig. III. Traveling Step

1-8 With arms still outstretched and fingers pointing upward, dance 8 Traveling Steps moving in LOD. End facing ctr.

### Fig. IV. Side Step and Clapping

- 1-3 Beginning R, dance 3 Side Steps but move diag fwd on each step so as to make circle smaller. Arms are still outstretched with fingers pointing upward.
- Standing with ft together and knees a little bent, do Clapping pattern once out to r side about shoulder height.
- 5-7 Resuming outstretched arm pos, dance 3 Side Steps beginning L but move diag outward on each step so as to make circle larger.
- Standing with ft together and knees a little bent, do Clapping pattern once out to R side about shoulder height.

#### Fig. V. Walking

Repeat action of Fig. I but on last step (L) of meas 8, make 1/4 turn L to face out of the circle. End with ft together.

## Fig. VI. Heels and Clapping

- Place hands on hips, fingers fwd. Starting with ft together, move heels a little apart (ct 1). Move heels apart more and bend knees a little (ct &). Hold ct 2. Bring heels together, knees straight (ct &). Bending knees, move heels to the farthest apart pos yet (ct 3). Hold ct &). Bring heels together, knees straight (ct 4).
- 2-4 Repeat action of meas 1 (Fig. VI) three more times.

# HORA FROM MARAMURESH (continued)

## Fig. VII. Finale

Resuming outstretched arm pos, dance 3 Side Steps beginning R but move diag fwd (away from ctr) on each step.

Moving directly fwd walk L, R, L (cts 1,2,3). Stamp R and clap hands at the same time (ct 4). Hands are clapped flat against each other, fingers straight (prayer pos) at about waist level. As soon as clap has sounded, draw hands back twd body and place on hips, fingers fwd for the final pose. Knees are bent and body is tilted fwd a little.

At this point there is a break in the band of music. The melody that follows is one to which the Lark may be danced. Dancers have the choice of leaving the floor or reforming the circle to dance the Lark.

Presented by Anatol Joukowsky

Notes by Ruth Ruling